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**Discussion Forum**

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### Discussion Forum 1

Meacham (2015) has a different opinion concerning using psychological measures such as DSM in treating individuals with mental health issues. Therefore, the author argues that DSM is not efficient in handling all individuals suffering from mental and emotional challenges because they cannot follow the social cause of the problem. Several sociological theories may be utilized in discussing the causality and react to the challenges. I have never thought of DSM labeling in the direction of Meacham (2015) because the condition becomes superseding with medicine and other treatments already related to the label. Based on my way of DSM labeling, I understood that the labels allow physicians to undertake all the individuals of a group that is overly similar in the fundamental nature of the disease, irrespective of if there are several changes in the demonstration of symptoms or conditions surrounding sickness onset.

Meacham (2015) posits that clients were Mexican migrants of which most of them that were coming for mental health treatment indicated signs that are available in DSM. Meacham clients had characteristics of depression; they portray posttraumatic stress disorders, alcohol consumption and the other ailments available in the DSM. Also, Meacham used Marx, Durkheim and Weber concepts in explaining the health problem. Marx used the alienation concept, which explains that alienation is increasing the issue. Therefore, the proposed intervention is aimed at ensuring the patients use the energy and change their situations.

Moreover, Durkheim used the concept of anomie and control theory (Meacham, 2015). Anomie concepts are utilized to explain the vast adverse changes that almost finished Mexico increased migration; therefore, upon reaching the destination, they did not get anyone to guide them. Moreover, through the use of control theory, Meacham emphasizes a need for inspiring a sense of community in the camp visits and other clinic programs that will support them. Finally,

Weber has a disenchantment concept that assists the clients in examining their identity and offering them another community. Through the use of religion and church, the clients can get hope. This unique population can be addressed by sociology because there is a connection between sociological factors and mental and emotional illness. Normally, the population can face significant social factors such as social integration and other shared belief systems that can result in stress and other mental health issues. Psychological well-being and suffering are associated with various general features of social life for that reason making it a crucial aspect to address.

### **Reference**

Meacham, M. (2015). Therapy with Migrant Farmer Mexican Immigrants: Problems and Possible Solutions from Sociology. *Journal of Applied Social Science*, 9(1), 22-34.

### **Discussion Forum 2**

Black Lives Matter is an organization that is a decentralized movement that complaints against events of law enforcement brutality as well as all racially inspired violence against black individuals. Since the movement is dispersed worldwide, members can get information and stories on what is happening. The movement can create forums that can inspire black people to rise to fight police brutality and racial segregation. To attain the organization's goals, they can create socially construct narratives such as posters when protesting. Williams (2015) claimed that Black Lives Matter started using hashtag #BlackLivesMatter in 2013 on social media. This began after the discharge of George Zimmerman as a result of shooting an African American youth called Trayvon Martin in February 2012. The movement has emerged as the biggest in the United States, fighting against law enforcement violence to black individuals and other policy variations regarding black liberation.

Black Lives Matter Global Network Foundation, inc. main goals are to eliminate white sovereignty and create a local authority to intercede in violence imposed on black individuals by the government and vigilantes. Therefore, through developing a platform for the Black thoughts and origination as well as focusing on Black joy. Also, Black Lives Matter (n.d) stated that goal is to develop a free Black future through learning, creating and honoring from the generations of freedom fighters. Black Lives Matter organization is well organized because they are expanding. The organization is a collective of saviors that believes in a comprehensive and expansive movement (Black Lives Matter, n.d). Besides, creating a large mass of people will make a move to be strong and make all individuals on the front. Also, the organization sustains the lives of Black individuals, including the disabled and those that are not documented.

Different individuals and organizations have varying definitions of success. Therefore, Black Lives Matter has not yet attained success. Still, they are developing a movement of influencers devoted to the partisan, societal, and economic control for Black individuals. Also, communication plays a critical role in the organization. They communicate to the members through social media because that is where the movement started. This is done through testimonies. The organization's website is user-friendly as one can navigate through the system efficiently. Also, the site has used black white and yellow colors, which are easily visible. The organization's action agenda makes me want to be involved with them because they aim to ensure the world changes to a better place where one can perform their work without fear of their race or being violated because of their physical appearances.

### **References**

Black Lives Matter. (n.d). About us. <https://blacklivesmatter.com/about/>

Black Lives Matter. (n.d). Building a Free Black Future <https://blacklivesmatter.com/>

Williams, J. P. (2015). What does the Black Lives Matter Movement want? *U.S News*.

<https://www.usnews.com/news/articles/2015/08/24/what-does-the-black-lives-matter-movement-really-want>

## **Social Problem Part**

### **Human Rights and Racial Discrimination**

Individuals in society pass through significant challenges in their social life. The society comprises of people from diverse backgrounds hence resulting in different races existing together. Nevertheless, while societies continue to be diversity other races want to maintain supremacy, thus resulting in discrimination. Also, human beings have their dignity and need to be respected (Gilbert, 2019). Human rights were created to ensure every individual is respected and given the freedom to live without limitation from what they are supposed to do. Therefore, the increase in racial discrimination in society affects social inclusion by impacting individuals' opportunities and their sense of agency and well-being. Furthermore, continuous experience of racial discrimination can cause people to internalize the bias or stigma that is focused against them, resulting in fear and stress and deteriorated health. Despite human rights bringing racism towards the end, it remains too vicious because individuals violate the rights in different ways, such as through slavery and segregating individuals in accessing social services.

Several theories exist that explain the societal problem of racial segregation and human rights. However, under this paper, the theory that best explains the problem is critical race theory. Rollock & Dixson (2016) stated that critical race theory is an academic movement that intends to connect racism, authority and race. Therefore, the theory is different from other civil

rights movement that aims to function within the developments of American democracy. Similarly, critical race theorists critique the fundamentals of liberal order, including constitutional law and rationalism, since they claim that American social life and partisan structures and economic organizations are created upon race, which is a social construct.

The data collection method to be used in the study is a questionnaire where 150 individuals from three different races will participate in the research. Minneapolis is the largest city in the United States. A population nearing four hundred thousand will be used in the study because of its high diversity to prove race supremacy in America.

Racism continues to happen in the United States and this affects an individual's social life. Therefore, an immediate response plan needs to be developed to solve the problem before dominating and becoming part of society. America needs to recommit itself in preserving the global legal responsibility to stop racial discrimination as well as take evocative measures to inspire equality and dignity. On the other hand, to deal with racism, the universal human rights institutions and the respective countries need to accept the profound challenges brought by racism, such as the utilization of race as a method of grouping individuals, racial thought that encourages racial sovereignty and prejudice. Moreover, specifying the problems as human rights racism intends to irradiate the issue's complexity and disclose the approaches that global human rights laws are not neutral on race matters. Therefore, the same way the societies and other public places are working to understand and be thoughtful on stopping racism, the platforms dealing with inspiring human rights should also follow the same route.

### **References**

Gilbert, P. (2019). *Human dignity and human rights*. Oxford University Press, USA.

Rollock, N., & Dixon, A. D. (2016). Critical race theory. *The Wiley Blackwell Encyclopedia of Gender and Sexuality Studies*, 1-6.

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